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# Coaching Badminton 101 (English Edition)



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Prsentation de l'diteurCoaching Badminton 101 is a book for everyone who wants to learn how to play, coach, or teach badminton and experience the fun of badminton games and tournaments. The book systematically presents all the fundamental and advanced skills while utilizing photographs, illustrations, and diagrams to provide readers with clear visual representations of critical skills and strategies. The session plan in the book provides teachers and coaches with suggestions of how to successfully conduct each lesson in order to ensure quality teaching and learning. The book demonstrates that with proper and systematic training, badminton can be a fun and exciting game for anyone.Prsentation de l'diteurCoaching Badminton 101 is a book for everyone who wants to learn how to play, coach, or teach badminton and experience the fun of badminton games and tournaments. The book systematically presents all the fundamental and advanced skills while utilizing photographs, illustrations, and diagrams to provide readers with clear visual

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