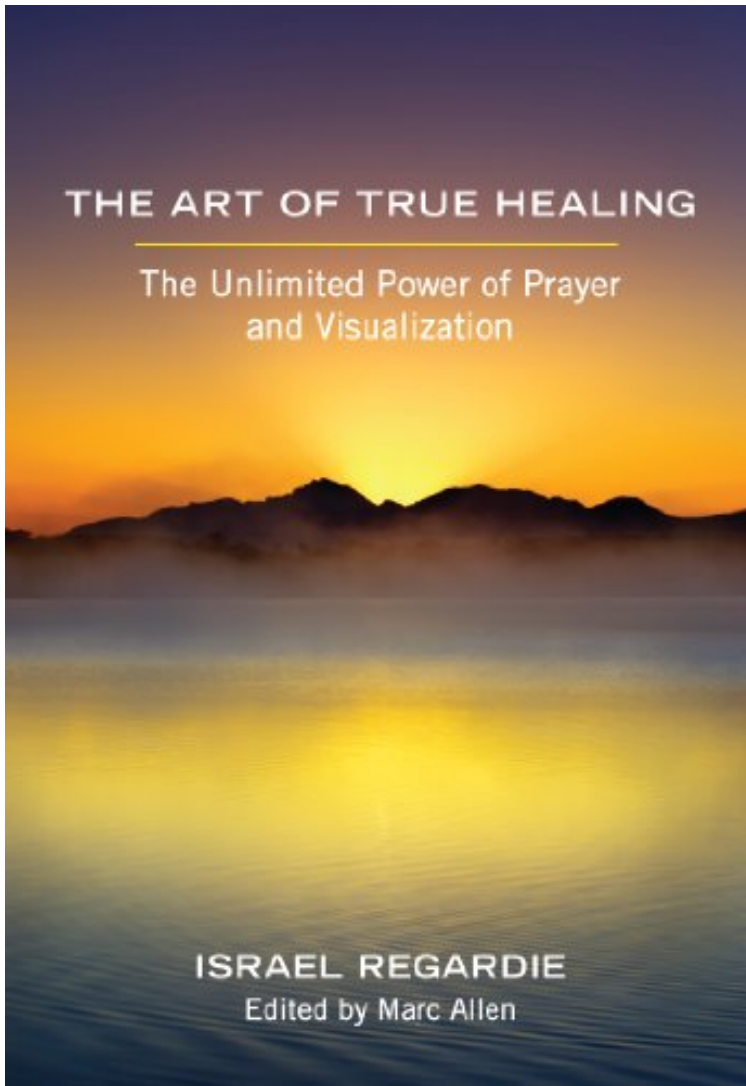


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# The Art of True Healing: The Unlimited Power of Prayer and Visualization



*Par Israel Regardie*  
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Prsentation de l'diteurThe Art of True Healing details a powerful exercise that stimulates the body, mind, and spirit to help us create physical health and personal success. Originally published in 1932, predating by more than a half century the current interest in the minds power to heal, this concise work guides readers through what Israel Regardie calls the Middle Pillar meditation a technique that combines the mystical concepts of yogas chakras and the Kabbalahs Tree of Life to create a simple and effective healing tool.In this edition, editor Marc Allen brings Regardies work into the twenty-first century showing us how to unleash energy to heal our bodies and, ultimately, every part of our lives. Like few books before or since, The Art of True Healing provides both the theory and practices necessary for attaining well-being and

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